



Gorffennol Digidol Digital Past - 2020

WORCESTER LIFE STORIES

Community co-production for Heritage and Health

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Worcester Life Stories is a collaboration between the Worcester City Historic Environment Record and the Older Adult psychology lead at Worcestershire Health and Care NHS Trust. This paper will summarise our journey so far towards co-production of a community-owned resource made up of freely accessible heritage material and local knowledge and providing a powerful model of delivering health and wellbeing outcomes through shared interests, shared stories, and a greater sense of community.

We'll be sharing our experience of collaborating with the community and our local NHS trust's Global Digital Exemplar project team to develop a heritage and health online app, supporting the needs of older adults living with dementia, local people at risk of loneliness, carers and mental health professionals.



Biography

Sheena Payne-Lunn has worked as HER Officer at Worcester City Council since 2003. Managing the Historic Environment Record on a day to day basis has provided the opportunity to think creatively about community engagement and the role of the HER not only as a planning, research and educational tool but also for promoting improved mental health and wellbeing. As a former long-term leader of the Worcestershire Young Archaeologists' Club, Sheena has developed her interest in digital engagement, and the use of social media as a tool for recording heritage.

Dr Natasha Lord is a Clinical Psychologist working with older people in Worcestershire Health and Care Trust, who are experiencing emotional difficulties. This work can be with individuals, families, carers or staff. She is the Chair for the Accreditation Committee for the Quality Network for Older Adult Inpatient Mental Health Services (QNOAMHS) and a committee member for the Faculty of Psychology for Older People (BPS/FPOP). Natasha was nominated for the Una Holden award in 2014 for her innovative work for inpatient services and won a NHS Trust Staff Award for Quality Improvement in 2016. You can contact her at natasha.lord@nhs.net.