



Gorffennol Digidol Digital Past - 2020

PEOPLE'S COLLECTION WALES: MEMORY ARCHIVE

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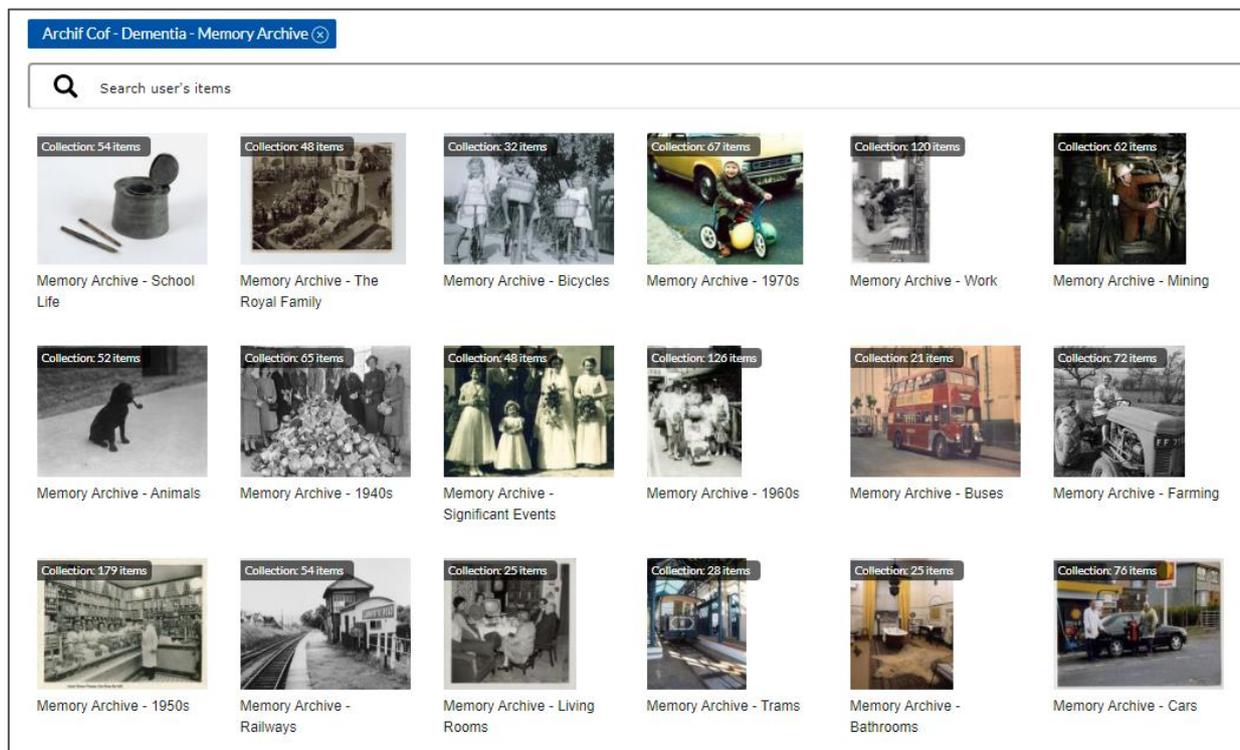


According to NHS Wales, approximately 42,000 people in Wales live with dementia, and this number is expected to rise to 50,000 by 2021 as life expectancy increases. Recognising that dementia is a significant health and social care issue which impacts not only on those living with dementia, but also on their families, friends and carers, the Welsh Government has committed to becoming a dementia friendly nation.

There is thus an expectation and an opportunity for cultural heritage institutions in Wales to increase social inclusion by offering opportunities for older people, and especially people living with dementia, to engage in cultural activities. For [People's Collection Wales](#) – a website for you to upload photographs, recordings and documents that hold stories about Wales and its people – this means exploring how people living with dementia can benefit from the use, interest and skills in digital heritage.

There is a lot of fantastic work being done in the archives and libraries sector around improving wellbeing for people living with dementia. Similarly, there seems to be an eagerness on the part of the health profession and those working with or caring for people with dementia, to engage with digital heritage. Our intended aim with the People's Collection Wales dementia work is to provide a one-stop shop for archive materials suitable for reminiscence work.

As part of this, we have created '[Memory Archive](#)', a curated account aimed at facilitating reminiscence work with people living with dementia. Collections are divided into relevant themes and decades (within living memory), based on feedback received from healthcare professionals.



This workshop will give a brief introduction to the People's Collection Wales website before demonstrating how best to use these resources for reminiscence. We will also invite you to create your own 'memory archives' – either through existing content or by uploading/creating new resources.

Biography

By supporting the community engagement strand of the People's Collection Wales, Gruffydd's work involves the delivery of tailored training sessions and remote support to projects and community groups around Wales. This support aims to provide communities with the skills and knowledge to engage with, preserve and share their social history with a wider audience via the PCW platform.

As Executive Assistant, Reina leads on ensuring that the Royal Commission complies with its governance and reporting commitments to the Welsh Government. She is also the Equality and Diversity Officer, and it is in this capacity that she works on the People's Collection Wales dementia project, which aims to provide a one-stop shop for archive materials suitable for reminiscence work.